

The Power of Dance

# Connection



MARCH 2024

We know that February is the shortest month of the year, but WOW it flew by! Our Academy classes invited in a special grownup for Parent Observation & Participation Week, all four POD Performance Teams performed at halftime of the Wisconsin Herd basketball game in Oshkosh, and our our travel teams competed in Minneapolis and Chicago. And the season continues to pick up speed as we close in on the upcoming spring recital!



Up this month.... local and travel competitions for our teams, and studio class pictures for our Academy classes. And since that warmer weather is on its way, it's time to release the May schedule, soon to be followed by summer camps and classes!

## MARCH

AT *The Power of Dance, LLC*

SUN	MON	TUE	WED	THU	FRI	SAT
					1 March tuition due <i>Rainbow</i>	2 <i>Rainbow</i>
3 <i>Rainbow</i>	4	5	6	7	8	9 Acro Target Training
10 spring ahead!	11 Academy class pictures	12	13	14 Academy class pictures	15	16 CHAMPION SPIRIT & GROUP
17 CHAMPION SPIRIT & GROUP	18	19 HELLO SPRING	20	21	22	23 Acro Target Training
24	25 - 29 Studio Closed for Spring Break					30

## SO YOU THINK YOU KNOW DANCE

Prove it! Match the style of dance to its definition -- the answer key is upside down at the very bottom of this month's newsletter!

1. **Acro**
2. **Ballet**
3. **Contemporary**
4. **Hip Hop**
5. **Improvisation**
6. **Jazz**
7. **Kick**
8. **Lyrical**
9. **Pointe**
10. **Pom**
11. **Tap**

- A** - This style develops coordination and timing, using metal plates on the bottom of shoes to create intricate rhythms with the feet.
- B** - This fusion of jazz and ballet uses motion to interpret music and express emotion, telling a story with movement and connecting with the audience.
- C** - This expressive style of dance pulls elements from modern, jazz, lyrical, and classical ballet. Dancers connect the mind and body through fluid movements.
- D** - This style blends the strength and control of ballet with the creativity and expression of modern. It incorporates angular movements with a strong technique base.
- E** - This class focuses on building strength, flexibility and balance in order to develop tumbling skills like walkovers, handsprings and aerials that may be used as part of a dance routine.
- F** - This is the foundation of all forms of dance. In this structured class, students learn terminology as well as technique, beginning each class with barre work before moving to floor work.
- G** - This high-energy style of dance originated in New York City in the 1970s. It borrows elements from a number of different styles, and includes substyles such as popping, locking and breaking.
- H** - This precision style of dance focuses on power, flexibility, and endurance while creating pictures and visual effects with the legs. It requires high endurance and is excellent training for the body.
- I** - This style consists of precise movements and group formations designed to create a strong visual effect. Choreography often includes kicks and jumps, and synchronization, sharpness and power are emphasized.
- J** - In this style, all of the dancer's body weight is supported on the tips of fully extended feet. This requires special shoes with blocks at the toe, and is reserved for dancers who have reached a certain level of strength and ballet technique.
- K** - A free, seemingly unstructured style of dance where the dancer draws upon everyday dance practices to interpret the feeling of a musical piece. This dance is open to interpretation, is less technical than most styles, and will be different for each person.

## We *May* have something new planned!

Interested in trying out some of the classes mentioned above? May is the perfect time to do so! Registration for May Interim is open NOW so you can try a new class, stay in shape in the off-season, or get ready for dance team auditions. It's also the perfect time to take it to the next level and immerse yourself in technique. Classes are available for dancers preschool and up, and many fill fast, so don't delay! Classes include:

- **Acro specialty classes**, including **Ninja Tumbling**
- Focus sessions on **Leaps, Turns and Jumps**
- **CLIMB mini-camps** (Contemporary, Lyrical, Improv, Modern and Ballet)
- Themed **preschool mini-camps**

Love a deal? So do we! You can **save 10%** by bundling your dancer's classes. The "May Mini Camp" package includes a full session of CLIMB, a full or short session of LTJ, and two Acro classes.

And it's never too early to start planning for those summer months. June camps are favorites of both dancers and teachers, and allow students to explore a variety of styles and have a ton of fun.

- June 17-20: **Youth Dance Camp** (ages 5-9)
- June 24-27: **Summer Dance Intensive** (ages 10-18)

Take advantage of our opening weekend special... **receive 10% off Summer Camp registration** when you sign up your dancer by 11:59pm on Sunday. Registration for both May and June is open now, so take advantage of these deals and secure your dancer's spot before classes fill up!

## April

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SUN	MON	TUE	WED	THU	FRI	SAT
HAPPY EASTER	1 April tuition due	2 All-Star Team Info Meetings	3 Recital tickets on sale 9am! for POD families only	4	5 <i>Triple S</i>	6 <i>Triple S</i>
7 <i>Triple S</i>	8 Recital ticket sales open to the public	9	10 All-Star Team Info Meetings	11	12	13 Acro Target Training
14	15	16	17	18	19	20 Acro Target Training
21	22 Earth Day	23	24	25	26 <i>THE DANCE WORLDS FLYDANCE</i>	27 <i>THE DANCE WORLDS FLYDANCE</i>
28 <i>THE DANCE WORLDS FLYDANCE</i>	29 <i>THE DANCE WORLDS FLYDANCE</i>	30	dress rehearsals 4-9pm		recital weekend!	

Answers to So You Think You Know Dance: 1-E, 2-F, 3-C, 4-G, 5-K, 6-D, 7-H, 8-B, 9-J, 10-I, 11-A