

MONDAY

9:00	
10:00	
11:00	Ballet II 11:00-12:30
12:00	
	Junior Team Practice 12:45-2:15
1:00	
2:00	
	Strength & Flexibility 3 (10+) 2:30-3:00
3:00	Leaps, Turns & Jumps 3 (10+) 3:00-3:45 must take SF before
4:00	
5:00	
6:00	
7:00	
8:00	
9:00	

Studio A

9:00	Intensive Ballet 1 (7-9) 9:00-10:00
10:00	Pointe I 10:15-10:45
11:00	Ballet III 11:00-12:30
12:00	
1:00	Ballet I/II 1:00-2:15
2:00	
	Strength & Flexibility 2 (10+) 2:30-3:00
3:00	Leaps, Turns & Jumps 2 (10+) 3:00-3:45 must take SF before
4:00	
5:00	
6:00	
7:00	
8:00	
9:00	

Studio B

9:00	
10:00	
11:00	
12:00	
	Junior Team Practice 12:45-2:15
1:00	
2:00	
3:00	
4:00	
5:00	Creative Movement (ages 3-5)
6:00	
7:00	
8:00	
9:00	

Studio C

9:00	
10:00	Strength & Flexibility 1 (6-9) 10:15-10:45
	Leaps, Turns & Jumps I (6-9) 10:45-11:30 must take SF before
11:00	
	ACRO LEVEL: INTRO 11:45-12:45
12:00	
1:00	Strength & Flexibility 4/5 (10+) 1:00-1:30
	Leaps, Turns & Jumps 4/5 (10+) 1:30-2:15 must take SF before
2:00	
	Senior Team Practice 2:30-4:00
3:00	
4:00	
	ACRO LEVEL 3 4:15-5:15
5:00	
	ACRO LEVEL 4 5:30-6:30
6:00	
	ACRO LEVEL 1 6:45-7:45
7:00	
8:00	
9:00	

Studio D

TUESDAY

9:00	
10:00	
11:00	
	Ballet IV/V 11:30-1:00
12:00	
1:00	Youth Team Practice 1:15-2:45
2:00	
3:00	Mini Team Practice 3:00-4:15
4:00	
	Ballet I (10+) 4:30-5:30
5:00	
6:00	
7:00	
8:00	
9:00	

Studio A

9:00	
10:00	
	Pre-Ballet (5-6) *age 4 with teacher approval
11:00	10:30-11:15
	Ballet I/II 11:45-1:00
12:00	
1:00	Pointe 3 1:15-1:45 Ballet I (7-9 yrs)
2:00	1:45-2:45
3:00	Ballet I (10+) 3:00-4:00
4:00	
5:00	
6:00	
7:00	
8:00	
9:00	

Studio B

9:00	Pre school Camp
10:00	
11:00	
	Tiny Practice 11:30-12:30
12:00	
1:00	
	Strength & Flexibility 1 (6-9) 1:30-2:00
2:00	Leaps, Turns & Jumps 1 (6-9) 2:00-2:45 must take SF before
3:00	Ballet I/II 3:00-4:15
4:00	
5:00	
6:00	
7:00	
8:00	
9:00	

Studio C

9:00	
	ACRO LEVEL 3/4
10:00	9:30-10:30
	ACRO LEVEL 2
11:00	10:30-11:30
12:00	ACRO LEVEL 1 12:00-1:00
1:00	Youth Team Practice 1:15-2:45
2:00	
3:00	Mini Team Practice 3:00-4:15
4:00	
	ACRO LEVEL 1 4:30-5:30
5:00	
6:00	
7:00	
8:00	
9:00	

Studio D

WEDNESDAY

9:00	
10:00	
11:00	Strength & Flexibility 4/5
	(10+) 11:00-11:30
	Leaps, Turns & Jumps 4/5
	(10+) 11:30-12:15
12:00	must take SF before
1:00	Strength & Flexibility 3
	(10+) 1:00-1:30
	Leaps, Turns & Jumps 3
	(10+) 1:30-2:15
2:00	must take SF before
	Ballet IV/V
	2:30-4:00
3:00	
4:00	
	Ballet III
	4:15-5:45
5:00	
6:00	
7:00	
8:00	
9:00	

Studio A

9:00	
10:00	
11:00	Intensive Ballet 1/2
	11:15-12:30
12:00	
	must also register for Classical Ballet
1:00	Intensive Ballet 2
	12:45-2:15
2:00	
	must also register for Classical Ballet
3:00	Intensive Ballet 1
	3:00-4:00
	must also register for Classical Ballet
4:00	
	Strength & Flexibility 1+
	(10+) 4:15-4:45
	Leaps, Turns & Jumps 1+
5:00	(10+) 4:45-5:30
	must take SF before
	Ballet I/II
6:00	5:45-7:00
7:00	
8:00	
9:00	

Studio B

9:00	Pre school Camp
10:00	
11:00	
	Strength & Flexibility 1+
	(10+) 11:15-11:45
	Leaps, Turns & Jumps 1+
12:00	(10+) 11:45-12:30
	must take SF before
1:00	
2:00	
	Junior Team Practice
	2:30-4:00
3:00	
4:00	
	Toddler and Me
	(AGES 1.5-5)
5:00	
6:00	
7:00	
8:00	
9:00	

Studio C

9:00	
	ACRO
	LEVEL 3
	9:15-10:15
10:00	
	ACRO
	LEVEL 1
	10:15-11:15
11:00	
	ACRO
	LEVEL 2
12:00	11:30-12:30
	Senior Team Practice
1:00	12:45-2:15
2:00	
	Junior Team Practice
	2:30-4:00
3:00	
4:00	
5:00	ACRO
	LEVEL: INTRO
	5:00-6:00
6:00	ACRO
	LEVEL 2
	6:15-7:15
7:00	
	ACRO
	LEVEL 1
8:00	7:30-8:30
9:00	

Studio D

THURSDAY

9:00	
10:00	
11:00	
	Strength & Flexibility 1
	(6-9) 11:30-12:00
12:00	Leaps, Turns & Jumps I
	(6-9) 12:00-12:45
	must take SF before
1:00	Mini Team Practice
	1:00-2:15
2:00	
	Youth Team Practice
	2:30-4:00
3:00	
4:00	
	Intensive Ballet 3,4,5
	4:15-5:45
5:00	
	must also register for Classical Ballet
6:00	Pointe 2
	6:00-6:30
7:00	
8:00	
9:00	

Studio A

9:00	
10:00	
	Pre-Ballet (5-6)
	*age 4 with teacher approval
11:00	10:30-11:15
	Ballet I (7-9 yrs)
12:00	11:45-12:45
1:00	
	Ballet I (10+)
	1:15-2:15
2:00	
	Ballet II
	2:30-4:00
3:00	
4:00	
	Strength & Flexibility 1+
	(10+) 4:15-4:45
	Leaps, Turns & Jumps 1+
5:00	(10+) 4:45-5:30
	must take SF before
6:00	
7:00	
8:00	
9:00	

Studio B

overflow
to C

9:00	
	Creative Movement
	(ages 3-5)
10:00	
	Music & Movement (2-3)
11:00	
	Tiny Practice
	11:30-12:30
12:00	
1:00	Ballet I/II
	1:00-2:15
2:00	
	Ballet I (7-9 yrs)
	2:30-3:30
3:00	
4:00	
	Strength & Flexibility 1+
	(10+) 4:15-4:45
	Leaps, Turns & Jumps 1+
5:00	(10+) 4:45-5:30
	must take SF before
6:00	
7:00	
8:00	
9:00	

Studio C

9:00	
10:00	
	ACRO
	LEVEL: INTRO
	10:15-11:15
11:00	
	ACRO
	LEVEL 1
	11:15-12:15
12:00	
1:00	Mini Team Practice
	1:00-2:15
2:00	
	Youth Team Practice
	2:30-4:00
3:00	
4:00	
	Strength & Flexibility 2
	(10+) 4:15-4:45
	Leaps, Turns & Jumps 2
5:00	(10+) 4:45-5:30
	must take SF before
6:00	
7:00	
8:00	
9:00	

Studio D